

A YEAR IN REVIEW

FamilyWorx

Partnership/Collaboration

FamilyWorx participated in 187 outreach meetings with providers/community partners. FamilyWorx also attended 148 community meetings and events, and participated in 81 workgroup sessions within and outside of HopeWorx Inc.



Team Update

The FamilyWorx team currently consists of 5 Family Peer Support Partners and 1 Program Supervisor. All team members bring with them lived experience as parents who have navigated the child-serving systems for their own children. There is one open FPSP position as of the end of fiscal year 2022/2023.

Support Provided to Families

Family Support

- 14,489 contacts with families
- 4044 extended support contacts
- 10,445 brief support contacts
- 494 total families served
- 22 Virtual Support Groups.
- Support in multiple systems, including behavioral health, education, forensic interviewing, grievances & appeals, juvenile justice, OCY, truancy court and victim services



Mobile Crisis Pilot

- Pilot closed August 31, 2022
- Families had access to telephonic Family Peer Support 24/7 when working with Mobile Crisis teams
- 26 eligible families
- 10 satisfaction surveys were completed
- Family feedback overwhelmingly positive
- 100% of families surveyed would recommend family peer support to other families



Support Group

- Group has grown to 157 registrants
- Families were polled about potential speakers/topics of interest
- In May, the first Speaker Presentation "Financial Planning for Your Loved One Living with a Mental Health Condition" was hosted by 1847 Financial
- Group follows trauma informed, mutual aid format

Youth Peer Support Consultant

FamilyWorx and FST contracted with a consultant to help determine how youth peer support could be utilized within the family teams. In Q4, the consultant conducted five semi-structured interviews with people who had worked in various youth peer support roles. Interviews were transcribed by FST and will be review in Q1 of the new fiscal year. FamilyWorx and FST will work to finalize the job description and discuss next steps for creating the position.

Supervision/Team Building

- 393 individual or group supervisions
- 9 in-person or virtual team-building events
- 20 full team strategy/planning meetings
- 51 Individual coaching sessions
- Team group chat for immediate collaboration



Referrals

- 39 different providers and community partners provided family referrals
- 15 of those providers had never previously referred families for Family Peer Support
- 23 referrals were from family members or friends of current or previous families

Advocacy

FamilyWorx participates in several advocacy coalitions/groups. They represent family voice at county and state meetings, including but not limited to Call for Change Workgroup, Children's Roundtable, JCJC Family Involvement Committee, Local HUBS, Mental Health Planning Council, OMHSAS Family Peer Steering Committee, Transition Coordinating Council and Truancy Taskforce. FamilyWorx also tracks and shares advocacy concerns with the county.

Training

- 307 total training sessions attended
- All team members have enrolled and or/completed the 6-part Enhancing Trauma Awareness training through Lakeside Global Institute
- Other trainings focused on crisis intervention, cultural competency, diversity & inclusion, education & behavioral health, family & youth involvement, LGBTQIA+ support, leadership, mental health system, peer support and wellness



Presentations Delivered

- 2 Community Mental Health Panels
- 2 Meetings that Matter Trainings
- 2 Navigating the Child Serving Systems Training
- Trauma Survivorhood Podcast - with guests Clare Higgins and Alissa Catherman- Garrison on October 28, 2022
- 3 Quarterly Reports submitted to MontCo OMH



HopeWorx for the Holidays

In October of 2022, FamilyWorx and FST launched the first annual HopeWorx for the Holidays drive. The families of 87 Montgomery County children and teens received assistance with food, clothing and gifts thanks to generous donations from community members and sponsorships from community partners. Following the overwhelming success of the drive, the program will also include a back-to-school drive in the fall of 2023 and will hold the holiday drive annually. Planning for the back-to-school drive began in Q4.

Certifications

- 3 Family Peer Support Partner Certifications
- 5 Lakeside Trauma Certifications
- 1 Mental Health First Aid Training Certification
- 1 Question, Persuade, Refer (QPR) Certification
- 1 Wellness Recovery Action Plan (WRAP) Certification



Awards

Clare Higgins received the 2023 Maryella Hitt Advocacy award from NAMI as well as the National Family Champion award through SAMHSA and the NTTAC.