



Resource Handbook

**1210 Stanbridge Street, Suite 600
Norristown, PA 19401
610-270-0375**

Revised July 2018

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Advocacy/Ombudsman Programs:

Community Advocates of Montgomery County 610-270-0375

www.hopeworxinc.org/community-advocates

1210 Stanbridge Street
Suite 600
Norristown, PA 19401

An advocacy team working together to help adults using mental health services to resolve problems, learn self-advocacy, and improve relationships.

Montgomery County Community Support Program (CSP)

www.montcocsp.org

610-270-3685

Montgomery County's CSP brings together individuals that receive mental health services, their families, providers and the Department of Behavioral Health in an equal partnership to promote recovery and excellence in the delivery of community-based mental health services.

Disability Rights Pennsylvania

www.disabilityrightspa.org

800-692-7443

215-238-8070

Harrisburg location:
1414 N. Cameron St., Suite C
Harrisburg, PA 17103

Philadelphia location:
1315 Walnut St., Suite 4
Philadelphia, PA 19107

DRP works to ensure that people with disabilities have equal and unhindered access to employment, transportation, public accommodations, and government services; to enforce their rights to vocational, habilitative, post-secondary educational, health, and other services; and to protect them from abuse and neglect. DRP identifies systemic issues which are important to people with disabilities and seeks change and reform through litigation, administrative advocacy, and public education.

NAMI (National Alliance on Mental Illness) Mont. Co.

www.nami-montcopa.org

215-361-7784

100 West Main Street
Suite #204
Lansdale, PA 19446

Organization dedicated to improving the lives of persons living with serious mental illness and their families through advocacy, research, support, and education.

Montgomery County Community Connections (Navicates)

www.montcopa.org/communityconnections

Office Locations:

Norristown Office

Human Services Center
1st Floor
1430 Dekalb Street
Norristown, PA 19401
Ph. 610-278-3522

Lansdale Office

421 West Main Street
Lansdale, PA 19446
Ph. 610-278-1286

Pottstown Office

364 King Street
Pottstown, PA 19464
Ph. 610-970-2979

Willow Grove Office

Courthouse Annex
102 N. York Road
Willow Grove, PA 19090
Ph. 215-784-5482

Norristown State Hospital Patient Advocates

www.mhapa.org/programs/external-advocates

1001 Sterigere St., Bldg. 12
Norristown, PA 19401

Hollie Bland.....**610-313-5401**
Wendy Quarles.....**610-313-5260**

Mental Health Partnerships (MHP)

800-688-4226

www.mentalhealthpartnerships.org

1211 Chestnut Street
Suite 1100
Philadelphia, PA 19107

An organization to develop, maintain, and promote innovative education and advocacy programs and mental health services in the five Southeast region counties and beyond in a culturally competent manner, serving as a role model and technical assistance resource for state and national organizations and constituencies.

Mental Health Association in Pennsylvania (MHAPA)

717-346-0549

www.mhapa.org

4105 Derry Street
Lower Level
Harrisburg, PA 17111

The Mental Health Association in Pennsylvania, which reflects the ethnic and cultural diversity of the Commonwealth, works on behalf of the mental health of its citizens, instilling principles that facilitate recovery and resiliency of individuals and their families, through advocacy, education, and public policy.

Pennsylvania Mental Health Consumers' Association (PMHCA)

717-564-4930

www.pmhca.org

4105 Derry Street
Harrisburg, PA 17111

The Pennsylvania Mental Health Consumers' Association (PMHCA) is a statewide member organization providing information, referrals and supports to people who are receiving services or in recovery from a mental illness in Pennsylvania.

HopeWorx, Inc.
www.hopeworxinc.org

610-270-3685

1210 Stanbridge Street
Suite #600
Norristown, PA 19401

Consumer Satisfaction Team (CST) provides the Montgomery County Office of Behavioral Health/Developmental Disabilities with consumer information about satisfaction with the mental health services that adults are receiving and to make recommendations for change.

Victim Services Center of Montgomery County
www.victimservicescenter.org

610-277-5200
888-521-0983

325 Swede Street
2nd Floor
Norristown, PA 19401

Provides free and confidential comprehensive support services to crime victims, including victims of sexual abuse, their families and significant others; prevention education and risk reduction programs, and training to the professionals who work with the victims of these crimes. All services are provided free of charge to those who request assistance.

The ARC Alliance
(Formerly known as the Montgomery County Association of Retarded Citizens)
www.marcpa.org

610-265-4700

3075 Ridge Pike
Eagleville, PA 19403

A family focused charitable organization, supporting individuals with intellectual and developmental disabilities throughout life.

Pennsylvania Recovery Organization - Achieving Community Together (PRO-ACT) 484-383-0802

www.councilsepa.org/programs/pro-act

PRO-ACT works to reduce the stigma of addiction, ensure the availability of adequate treatment and recovery support services, and to influence public opinion and policy regarding the value of recovery.

Criminal Justice Assistance:

Montgomery County Public Defenders Office 610-278-3295

www.montcopa.org/201/Public-Defender

Montgomery County Courthouse
2nd Floor
P.O. Box 311
Norristown, PA 19401-0311
610-278-3295

The office represents without charge each indigent person under arrest or charged with an indictable offense. If the defendant requires it or if the court orders it, the public defender counsels and defends the indigent person at every stage of the proceedings, and may prosecute any appeals.

Justice Related Services 610-500-2111

www.accessservices.org/services/justice-related-services/

Justice Related Services (JRS) offers forensic blended case management services to adults who are involved with the criminal justice system and have been diagnosed with a serious mental illness.

Behavioral Health Court 610-992-7733

www.montcopa.org/385/Behavioral-Health-Court

408 Cherry Street
Norristown, PA 19401

A treatment court for adults diagnosed with serious mental illness or co-occurring disorders who have been charged with non-violent offenses.

Community Advocates of Montgomery County 610-270-0375
www.hopeworxinc.org

1210 Stanbridge Sreet
Suite #600
Norristown, PA 19401

Community Advocates provides forensic and community advocacy, peer support, resources, technical assistance, and facilitates the It's T.I.M.E. class in the jail and community.

Education:

POWER Program 215-461-1151
lschreib@mc3.edu or barbier@mc3.edu

The POWER Program helps individuals in mental health recovery to successfully develop and reach their education and career goals through a two-credit college course that focuses on time management, basic computer skills, study skills, public speaking, college success skills, career assessment, resume writing and professionalism.

H.O.P.E. Academy 215-362-2887
www.hedwighouse.org

The H.O.P.E. Academy (Housing-Occupation-Personal-Education) is a licensed program serving young adults ages 18 to 30. In this program, participants choose a specific goal in one of the life domains (living, learning, working, social). This goal then becomes the cornerstone of his or her recovery-focused service. Participants take part in classes, individual practitioner meetings, and community exploration related to their recovery goal (a commitment of 5 hours per week). Class sizes are limited to allow for focused work among participants.

Montgomery County Community College 215-641-6300
www.mc3.edu

Central campus:
340 Dekalb Pike
Blue Bell, PA 19422

West campus:
101 College Drive
Pottstown, PA 19464

Norristown Public Library
www.montcolibraries.org

610-278-5100

1001 Powell Street
Norristown, PA 19401

Emergency Services:

Montgomery County Adult Mobile Crisis Support

www.accessservices.org

855-634-4673

500 Office Center Drive, Suite 100
Fort Washington, PA 19034-3234

Crisis support is available 24 hours a day, 7 days a week to help you with immediate crisis situations and help you reduce and manage recurring crisis.

Montgomery County Emergency Service (MCES)

www.mces.org

610-279-6100

50 Beech Drive
Norristown, PA 19401

MCES provides round-the-clock intensive and comprehensive psychiatric services to all in need in Montgomery County.

Carol's Place (formerly known as "The Ranch House")

www.mces.org/pages/crisires_main.php

610-631-2480

The MCES Crisis Residential Program (CRP) provides short-term, consumer-oriented treatment in a supportive, home-like environment to adults who are experiencing an acute psychiatric crisis and who can be treated safely and effectively in such a setting.

Horizon House**267-387-6399**

419 W. County Road
Hatboro, PA 19040

Montgomery County Crisis Residential Program (CRP) is an alternative to hospitalization in a safe and structured home-like unlocked facility.

Child Protective Services**610-278-5800**

www.mcocy.montcopa.org/mcocy

Montgomery County Office of Children & Youth
1430 DeKalb St.
Norristown, PA 190401

Employment:**Careerlink****610-270-3429**

www.pacareerlink.state.pa.us

1855 New Hope St.
Norristown, PA 19401

Hours of Operation:

Monday to Thursday 8am-4:30pm, Friday 8am-1pm

PA state agency that provides childcare, education, employment & job training.

Office of Vocational Rehabilitation (OVR)**Norristown District Office****484-250-4340**

1875 New Hope St.
Norristown, PA 19401

Provides individualized services to assist people with disabilities to pursue, obtain, and maintain satisfactory employment, including financial assistance for education and training. An OVR counselor can help individuals with disabilities select an employment goal and develop a comprehensive strategy to find the type of job that meets their needs. OVR placement services are provided at no cost to eligible individuals with disabilities.

Career Centers:

Career centers offer employment and educational support provided by peer specialists.

Central Behavioral Health

www.centralbh.org

Norristown office:
110 Powell Street
Norristown, PA 19401

610-277-4600

267-818-2220

Abington office:
2500 Maryland Road
Dixon Building, Suite 130
Willow Grove, PA 19090

Creative Health

www.creativehs.org

11 Robinson Street
Pottstown, PA 19464

484-941-0500

Merakey

www.merakey.org

2506 North Broad Street
Colmar, PA 18915

215-855-0780

Lower Merion Counseling and Mobile Services (LMCMS)

www.rhd.org/LMCMS

950 W. Lancaster Avenue
Bryn Mawr, PA 19010

610-520-1510

Goodwill Keystone Area

www.youngoodwill.org

717-394-0647

Hedwig House

www.hedwighouse.org

109 Jenkins Avenue, #1
Lansdale, PA 19446
215-362-2887

1120 Old York Road
Abington, PA 19001
215-659-2453

610-787-1982

Vocational training and preparation for employment.

Disability Determination**717-783-3620****570-824-8971**

www.portal.state.pa.us/portal/server.pt/community/disabilitydetermination/10381

1171 S. Cameron St. Room 104
Harrisburg, PA 17104

Workers' Compensation**610-251-2878**

www.dli.pa.gov

Pennsylvania Client Assistance Program**215-557-7112**

www.equalemployment.org

1515 Market Street, Ste. #1300
Philadelphia, PA. 19102

An advocacy program for people with disabilities administered by the Center for Disability Law & Policy to provide information and advice about rehabilitation programs, advise people of their legal rights and responsibilities, help resolve problems that may arise while people seek services from rehabilitation programs and help people pursue administrative and legal remedies to protect their rights.

Financial Assistance:**Social Security Administration****800-772-1213**

www.ssa.gov

Regional Offices:**Norristown Office**

1700 Markley Street, First Floor
Norristown, PA 19401

Royersford Office

39 W. Ridge Pike
Royersford, PA 19468

Elkins Park Hearing Office**866-964-7369**

8380 Old York Road
Elkins Park, PA 19027
(serves Norristown and Royersford SSA offices)

Public Welfare Hotline
www.dhs.pa.gov

800-692-7462

County Assistance Office
(Medical Assistance, Cash Assistance & Food Stamps)
www.compass.state.pa.us

Norristown Office
1931 New Hope Street
Norristown, PA 19401
Ph. 610-270-3500

Pottstown Office
24 Robinson Street
Pottstown, PA 19464
Ph. 610-327-4280

Mental Health Partnerships (MHP)
Representative Payee Financial Services
www.mentalhealthpartnerships.org

215-751-1800

Provides budgeting, bill paying, money management assistance and instruction to consumers who need help handling their finances.

Plan of PA
www.planofpa.org

610-687-4036

Planning, care management, and trust services for people with mental illness and intellectual disabilities

The Advocacy Alliance
www.theadvocacyalliance.org

610-435-2700

P.O. Box 1368
Scranton, PA 18501

Consumer financial management services, including representative payee, guardianship, and trusts

Health Care/Insurance :

**Montgomery County Office of Behavioral Health/
Developmental Disabilities/Early Intervention 610-278-3642**
www.montcopa.org/150/Mental-HealthDev-DisabilitiesEarly-Inter

Montgomery County Office of Aging and Adult Services
www.montcopa.org/mcaas **610-278-3601**

Magellan Behavioral Health of Pennsylvania
www.magellanofpa.com

Member Services.....**877-769-9782**
Provider Services.....**877-769-9779**

Magellan is the behavioral health managed care organization for individuals receiving medical assistance in Montgomery County.

OMHSAS (Office of Mental Health and Substance Abuse Services) 717-787-6443
www.dhs.pa.gov/parecovery

Southeast Regional Office 610-313-5844
Scott Ashenfelter, Community Program Manager

Consumer and Family Issues 717-787-6443

MEDICARE 800-633-4227
www.medicare.gov

MEDICAID (PA Office) 800-692-7462
medicaid-help.org **(TTY) 800-451-5886**
www.compass.state.pa.us

Statewide Customer Service Number (Medicaid) 877-395-8930
Make changes to your application or status or obtain general information, request forms documents.

PA State Insurance Commissioner's Office 717-787-2317
Department of Consumer Services

PA Board of Medicine

717-783-1400

VNA-Community Services RX Support Program

<http://www.vnacs.org/>

(Toll-free) 800-591-8234

877-747-7257

Abington Office

1421 Highland Avenue
Abington, PA 19001
215-572-7880

Norristown Office

1109 DeKalb Street
Norristown, PA 19401
610-272-3373

Through the RX Support Program, eligible Norristown residents have access to free and reduced cost medications from the Pharmacy Assistance Programs of drug manufacturers.

Behavioral Health Connection

866-588-0223 ext. 115

717-541-4219 ext. 115

525 South 29th St.
Harrisburg, PA 17104

Behavioral Health Connection is a program that assists all mental health consumers in accessing necessary treatment, especially prescription medication.

Healthcare for Uninsured:

Norristown Free Clinic

610-278-7789

1401 Dekalb Street
Norristown, PA 19401

The Clinic – Phoenixville

610-935-1134

(by appointment only)
143 Church Street
Phoenixville, PA 19460

Housing/Homeless Services:

Montgomery County Housing Authority (Section 8 & subsidized housing) **610-275-5720**
www.montcoha.org

104 W. Main St., Ste 1
Norristown, PA 19401

Your Way Home **877-646-6306**
www.yourwayhome.org **OR Dial 211**

Helps Montgomery County residents get into a shelter.

Homeless Street Outreach **610-482-5483**
www.accessservices.org/services/homeless-street-outreach

Critical Time Intervention (CTI) **610-279-4240**
www.rhd.org/program/critical-time-intervention-cti

139 W. Main Street, Suite 3
Norristown, PA 19401

Short-term mental health case management for adults experiencing homelessness

Norristown Hospitality Center **610-277-1321**
www.hospitalitycenter.org

530 Church Street
Norristown, PA 19401

Hours of Operation: Mon to Fri 7am-3pm

Day shelter, breakfast and lunch served, mail services, showers, social services, job readiness, weekly groups

Pottstown Cluster of Religious Communities **610-970-5995**
www.pottstowncluster.org

57 North Franklin Street
Pottstown, PA 19464

Programs include: Food services, community meals program, dry goods financial assistance, support and referrals, and emergency shelter*.

Coordinated Homeless Outreach Center (CHOC)
www.rhd-choc.org **610-292-9244**

Norristown State Hospital
1001 Sterigere St., Bldg. 9
Norristown, PA 19401

Homeless shelter for adult men and women*

Salvation Army Emergency Housing **610 275-4183**
 610-326-1621

Norristown office
533 Swede St.
Norristown, PA 19401

Pottstown office
137 King St.
Pottstown, PA 19464

Hours of Operation: Mon to Fri 9am-3:30pm

Programs include: Rental assistance programs, emergency shelter of homeless families*, food cupboard, community meals, rent and utility assistance, prescription assistance, transportation assistance, counseling, emergency lodging.

Community Action Development Commission (CADCOM)
www.cadcom.org **610-277-6363**

113 East Main Street
Norristown, PA 19401

Fair Housing Rights Center
www.fairhousingrights.org

215-625-0700
866-576-1968

444 N. 3rd Street, Suite 110
Philadelphia, PA 19123

Organization working to ensure equal housing opportunities in Montgomery County, regardless of race, color, religion, gender, age, disability, familial status, or national origin, through public education on fair housing rights, complaint reception and resolution, advocacy, monitoring of discriminatory housing practices and trends, and informational assistance to home seekers looking for open and affordable housing in Montgomery County.

Habitat for Humanity of Montgomery & Delaware Counties
www.habitatmontdelco.org

610-278-7710

533 Foundry Road
West Norriton, PA 19403

Habitat for Humanity of Montgomery and Delaware Counties partners with local residents to help them build or improve a place they can call home. Habitat homeowners help build their own homes alongside volunteers, and pay an affordable mortgage. Habitat also provides low cost home repairs, financial literacy and empowerment education, and revitalizes neighborhoods.

*Must call Your Way Home first to receive shelter

Legal Help

Legal Aid of Southeastern PA Hotline

877-429-5994

www.lasp.org

Norristown Office

625 Swede St.

Norristown, PA 19401

610-275-5400

Pottstown Office

248 King St.

Pottstown, PA 19464

610-326-8280

A non-profit corporation committed to delivering high quality civil legal services to low income people, victims of domestic abuse and the elderly living in Bucks, Montgomery, Chester and Delaware Counties. Includes help in landlord-tenant problems.

Montgomery County Public Defenders Office

610-279-3295

www.montcopa.org/201/Public-Defender

Montgomery County Courthouse

2nd Floor

P.O. Box 311

Norristown, PA 19401-0311

Bar Association of Montgomery County

Lawyer Referral Service

800-560-LAW1 (option 3)

www.montgomerybar.org/

100 West Airy Street,

Norristown, PA 19404

Monday through Friday 9:00 AM - 4:00 PM

Montgomery County Community Behavioral Health Centers (CBHC):

Outpatient Care, Case Management/ Recovery Coaching, & Peer Support Services

Pottstown:

Creative Health

610-326-9250

www.creativehs.org

11 Robinson Street
Pottstown, PA 19464

Sellersville:

Penn Foundation

215-257-2114

www.pennfoundation.org

807 Lawn Avenue
Sellersville, PA 18960

Lansdale:

Merakey

215-855-0780

www.merakey.org

2506 North Broad Street
Colmar, PA 18915

Abington:

Central Behavioral Health

267-818-2220

www.centralbh.org

2500 Maryland Road
Dixon Building, Suite 130
Willow Grove, PA 19090

Norristown:

Central Behavioral Health

610-277-9420

www.centralbh.org

110 Powell Street
Norristown, PA 19401

Lower Merion:

Lower Merion Counseling and Mobile Services (LMCMS)

610-520-1510

www.rhd.org/LMCMS

950 W. Lancaster Avenue
Bryn Mawr, PA 19010

Peer Resource Centers:

Norristown Recovery Learning Center **267-507-3510**
www.mentalhealthpartnerships.org

538 DeKalb Street, Suite 100
Norristown, PA 19401
Hours of Operation: Wednesday - Sunday, 10:00 a.m.-6:00 p.m.

Pottstown Recovery Learning Center **267-507-3525**
www.mentalhealthpartnerships.org

414 E. High Street
Pottstown, PA 19464
Hours of Operation: Wednesday - Sunday, 12:00 p.m.-8:00 p.m.

Additional Peer Support Services:

Community Support Program (CSP) **610-270-3685**
www.montcocsp.org

Montgomery County's CSP brings together individuals that receive mental health services, their family members, providers and the Department of Behavioral Health in an equal partnership to promote recovery and excellence in the delivery of community-based mental health services.

Recovery International **312-337-5661**
<https://www.recoveryinternational.org> **866-221-0302**

Recovery International helps people to manage feelings or impulses which impair the ability to live a normal life such as anxiety, depression, anger management, mental illness, etc.

Pennsylvania Recovery Organization - Achieving Community Together (PRO-ACT) **484-383-0802**
www.councilsepa.org/programs/pro-act

PRO-ACT works to reduce the stigma of addiction, ensure the availability of adequate treatment and recovery support services, and to influence public opinion and policy regarding the value of recovery.

Peer Support Talk Line

**800-793-2150
(Text) 267-225-7785**

www.accessservices.org/services/peer-support-talk-line

Speak with certified peer support specialists are trained in active listening techniques, motivational interviewing, and recovery support. Open daily, 1:00 pm – 9:00pm.

Creating Increased Connections (CIC)

484-681-9432

www.ciconnections.org

WRAP trainings and mental health and hearing voices support groups

Spanish Speaking Services:

ACLAMO Family Center

610-277-2570

www.aclamo.org

610-970-2134

512 West Marshall Street
Norristown, PA 19401

515 Walnut Street
Pottstown, PA 19464

Transportation:

SEPTA (Southeastern Pennsylvania Transportation Authority)

www.septa.org

215-580-7800

SEPTA Paratransit Program - Community Transportation (CCT) Connect

www.septa.org/service/cct

215-580-7145

TransNet (Suburban Transit Network)

215-542-7433

www.suburbantransit.org

The Suburban Transit Network works in conjunction with SEPTA and is the paratransit service provider for Montgomery County. It provides shared-rides and other specialized transportation services to Montgomery County residents and commuters by contracting with six local transportation compaies in Willow Grove, King of Prussia, Lansdale, Norristown, Sanatoga, and Limerick.